

PARK MEADOWS COSMETIC SURGERY

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Post-Operative and Home Care Instructions for Areola Pigmentation

During the first week after tattooing, your tattoo will look red and irritated and the color may look much darker than you originally chose. Please be patient as the color will fade as the skin begins to heal.

Redness, weeping, and oozing are all normal. Pain should be minimal but you may take Acetaminophen or Ibuprofen according to package instructions if needed. Increasing pain or pain not relieved by the above medications should be reported to your doctor immediately.

Keep the tattooed area moist with Neosporin or triple antibiotic ointment for 5 days. Apply as needed, 2 or 3 times per day and cover with gauze to protect your clothing. These items may be purchased at your local grocery or drug store.

After 5 days you may switch to A&D ointment. This is usually found in the baby department of any grocery store. Please make sure you purchase "ointment" and not "cream". Apply this as needed 2-3 times per day until the wound is healed. You may still need to apply gauze to protect your clothing.

The tattoo area will slowly dry and peel. This is also normal and may take up to 3 weeks to heal completely.

You may resume all regular activity including eating, drinking and exercising immediately following your procedure.

You may shower immediately following your procedure but please refrain from soaking in water; including bath tubs, swimming pools and hot tubs for three (3) weeks.

Increasing pain, redness, red streaks, warmth, or fever should be reported to your doctor immediately.

Please make an appointment for a follow-up visit approximately 3 weeks after initial tattoo.

Please call the office with any additional questions.