FAQs

What does the procedure feel like?

When the energy is applied, you'll feel a deep but brief heating sensation, which is an indication that collagen is reaching effective temperatures for tightening. To protect the surface of your skin, a cooling spray is delivered before, during and after each application of energy. You will be asked for feedback on the level of heat sensation experienced during the procedure to help balance your comfort with maximum results.

Is the procedure safe?

Thermage has an excellent safety record. Of course, as with any procedure there's always some risk. Side effects are generally mild and may include redness, swelling blisters, bumps and rare instances of surface irregularities.

How long will the results last?

The procedure stimulates new natural collagen production for up to six months following a single treatment. Results can last for years depending on your skin condition and natural aging process.

How long before I can return to my normal activities?

There's no special care needed after the procedure and most patients return to their regular activities immediately following treatment. Some people may experience mild redness, but it usually disappears quickly.

Learn More About Body by Thermage

No one likes what age does to our bodies. We'd all like to be a bit firmer and tighter than we are now. Ask your doctor if a *Body by Thermage* procedure is right for you.

Thermage is FDA cleared for the non-invasive treatment of wrinkles and rhytids, including the upper and lower eyelids and for the temporary improvement in the appearance of cellulite.

Thermage has the only FDA clearance for non-invasive eyelid treatments.

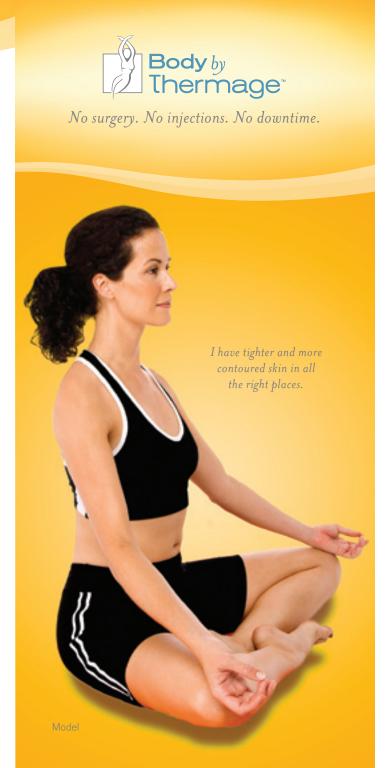


25881 Industrial Blvd. Hayward, CA 94545 **Tel:** +1 877-782-2286 www.thermage.com

FDA cleared for the non-invasive treatment of wrinkles and rhytids, including the upper and lower eyelids and for the temporary improvement in the appearance of cellulite. *Not FDA cleared in the U.S. for body shaping.

© 2007-2008 Thermage, Inc. Thermage, Body by Thermage and Hands by Thermage are trademarks or registered trademark of Thermage, Inc.

Printed in USA MK2028F





Get Back the Younger Body You Used to Have

Body by Thermage procedures can help smooth, tighten and deep contour skin for an overall younger looking appearance without surgery or injections.

- **Single treatment.** Generally, some improvement is immediately visible and continues for up to six months.
- **Little to no downtime.** After treatment, you can quickly get back to your normal routine.
- Body by Thermage is color blind. Unlike lasers, Body by Thermage procedures work on all skin types and colors.
- The year round procedure. After a Body by Thermage procedure, you do not have to avoid the sun as with laser treatments. Schedule your Thermage procedure in the summer or any time that's right for you!

As you age, the collagen in your skin breaks down, resulting in wrinkles, crepiness, sagging and bulging skin. Body by Thermage procedures help tighten and renew your skin's collagen through all three skin layers: the epidermis, dermis and deep subcutaneous (fat) layers.

How? Thermage's unique capacitive radiofrequency (RF) technology safely heats the deeper layers of your skin, stimulating existing collagen and promoting new collagen growth. The result: skin that looks and feels noticeably smoother, tighter and firmer.

Get a Tighter, Firmer and More Shapely Body

Thermage can also be used with many other aesthetic procedures. Combining IPL and *Hands by Thermage*™ is a great way to help restore firmer and smoother hands and eliminate unsightly age spots.

Before Thermage/IPL

4 Months Post Treatment

Single treatment by Flor Mayoral, M.D.



12 Months Post Treatment

Single treatment by Suzanne Kilmer, M.D.

Smoothing and Tightening

Tummies, knees, legs, arms and hands can be areas that show signs of aging. Thermage has developed procedures and treatment tips that are designed especially to help smooth and tighten wrinkled, crepey and sagging skin on these body areas.





Single treatment by Richard Asarch, M.D.





Single treatment by Ronald A. Krueger, M.D.

"All the sit-ups in the world can't tighten loose skin, but Thermage can." — Personal Trainer, Everett, WA

Contouring and Body Shaping

Many women after pregnancy or weight loss find it difficult to get back their shapes and want to tighten sagging skin and flatten unwanted bulges. The *Body Shape** procedure by Thermage helps tighten, firm and shape arms, thighs, buttocks, "love handles" and tummies.





Single treatment by Ruth Hillelson, M.D.





Single treatment by Gregory Nikolaidis, M.D.

"Immediately after Thermage I lost 3 centimeters off my waistline and I was able to get back into my favorite pre-pregnancy jeans. Thermage did its part, now I am doing mine." — Diana, Whittier, CA

Cellulite procedure

Despite rigorous exercise and dieting, most women that experience cellulite cannot significantly improve its appearance. In a single treatment, the *Cellulite* procedure by Thermage helps improve dimples and smooth skin texture with long lasting results.





Single treatment by Silvia Cuevas, M.D.





Single treatment by Julio Barba, M.D.

"I have visible improvement on all areas treated...

I have been totally satisfied!" — Gloria, Marietta, GA

All Before and After photos are un-retouched and represent patients who have had significant results. Results vary depending on age and skin condition.