

Education

Villanova University, Villanova, PA

- *Master of Science in Nursing, Family Nurse Practitioner Program, 2016*
 - *Bachelor of Science in Nursing, cum laude, 2011*
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Professional Experience

➤ **General Dynamics Electric Boat, Groton, CT.....11/2017 - 3/2018**

Nurse Practitioner, Occupational Health Clinic

- Triage and offer first aid to employees who are injured or become ill while at work
- Complete physical examinations for a wide variety of medical surveillance programs and annual requirements consistent with OSHA standards
- Provide medical treatment beyond first aid such as wound care, ordering laboratory and/or radiology studies, prescribing medications and referring to outside providers when appropriate
- Perform fitness for duty exams for employees returning to work; review any applicable restrictions and coordinate the implementation of any necessary accommodations
- Serve as a liaison between patients and the benefits and worker's compensation offices, and local physicians
- Work closely with Audiology, Industrial Hygiene, Safety and Toxicology departments to recognize environmental factors that may contribute to or cause injury, illness or impaired health at the workplace

➤ **Pulmonology Associates, Wynnewood, PA.....1/2017 - 11/2017**

Nurse Practitioner

- Care for and manage my own daily schedule of patients with a variety of diagnoses including asthma, COPD, lung cancer, interstitial lung disease, sarcoidosis, pneumonia, pulmonary embolism, atypical mycobacterium infections, and obstructive sleep apnea
- Document and record physical exam findings in the electronic charting system; develop and implement an individualized plan of care for each patient
- Collaborate with the attending physicians of the practice to ensure safe and comprehensive care of all patients
- Prescribe and reconcile medications; provide patient education regarding the importance of medication safety and compliance
- Order laboratory and/or radiology studies as clinically indicated

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- Provide counseling for smoking cessation and other health promotion activities
- Attend monthly lung cancer conferences and monthly radiology conferences

➤ **Children's Hospital**

of Philadelphia, PA.....10/2011 - 12/2016

Clinical Nurse II, Pediatric Intensive Care Unit and Surgical/Trauma Unit

- Nursing Education Committee, *Member*, 2015-2016
- Nursing Informatics Committee, *Member*, 2013-2016
- Advance Practice Education Committee, *Member*, 2011-2013
- PICU Navigator Program, *Mentor*, 2015-2016
- Daisy Award Nominee, 2012, 2013, 2014
- Nurse Residency Program, 2011-2012

➤ **Surgery Center of Chester County**, Exton, PA.....1/2015 - 12/2015

Staff Nurse, Post Anesthesia Care Unit

Academic and Professional Activities

- Recipient of the Independence Blue Cross Nurses for Tomorrow Foundation Scholarship, 2016
- Sigma Theta Tau International, Alpha Nu Chapter, *Member*, 2015-present
- American Association of Nurse Practitioners, *Member*, 2015-present
- Independence Blue Cross Nurses for Tomorrow Foundation Mentorship program, *Mentor*, 2016-present
- Student Nurses Association of Pennsylvania, *Member*, 2010-2011
- Villanova College of Nursing Mentoring Program, *Mentor*, 2011

Volunteer and Community Activities

- Surgicorps International, Pittsburgh, PA, *Volunteer*, 2003-present
 - Surgical Missions to Ethiopia, Tanzania, Ecuador, Guatemala
- Philadelphia Auto Show, PA, *Volunteer*, 2015
 - Trauma Education and Prevention
- Gift of Life Donor Program, PA, *Donation Champion*, 2014, 2016
- The Red Cross, Philadelphia, PA, *Volunteer/Intern*, 2007

Licensure and Certifications

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- Advanced Practice Registered Nurse and Registered Nurse
 - State of Connecticut, current through 4/2019
 - State of Pennsylvania, current through 10/2018
- American Nurses Credentialing Center, current through 1/2022
- Basic Life Support, current through 6/2018